

# Patient characteristics and TB treatment outcome of patients with Mono H resistance in M East ward, Mumbai, India







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### Introduction

- In India isoniazid resistance is 11.06% and 25.09% among new and previously treated TB patients, respectively.
- This is a descriptive study of routinely collected programme data.
- All DRTB patients initiated on treatment from January 2017 to June 2020 at the M east ward DRTB OPD was included in the study.

Table 1: Description of the demographic and clinical characteristics of the study cohort

Demographic Characteristics	Variable	Characteristics	N=184	%
	Age (in years)	Median	31.8 (9-71)	
	Gender	Female	106	58
		Male	77	42
Clinical Characteristics	Site of Disease	PTB	164	90
		EPTB	18	10
	Co-morbidity	HIV	7	4
		DM	19	10
	BMI	<16	34	19
		>16	122	67

Our study cohort shows Isoniazid resistance is 5.5% and 6.6% in new and previously treated cases respectively.

# Results:

Table 2: Description of treatment outcomes among Mono H cohort according to regimen type

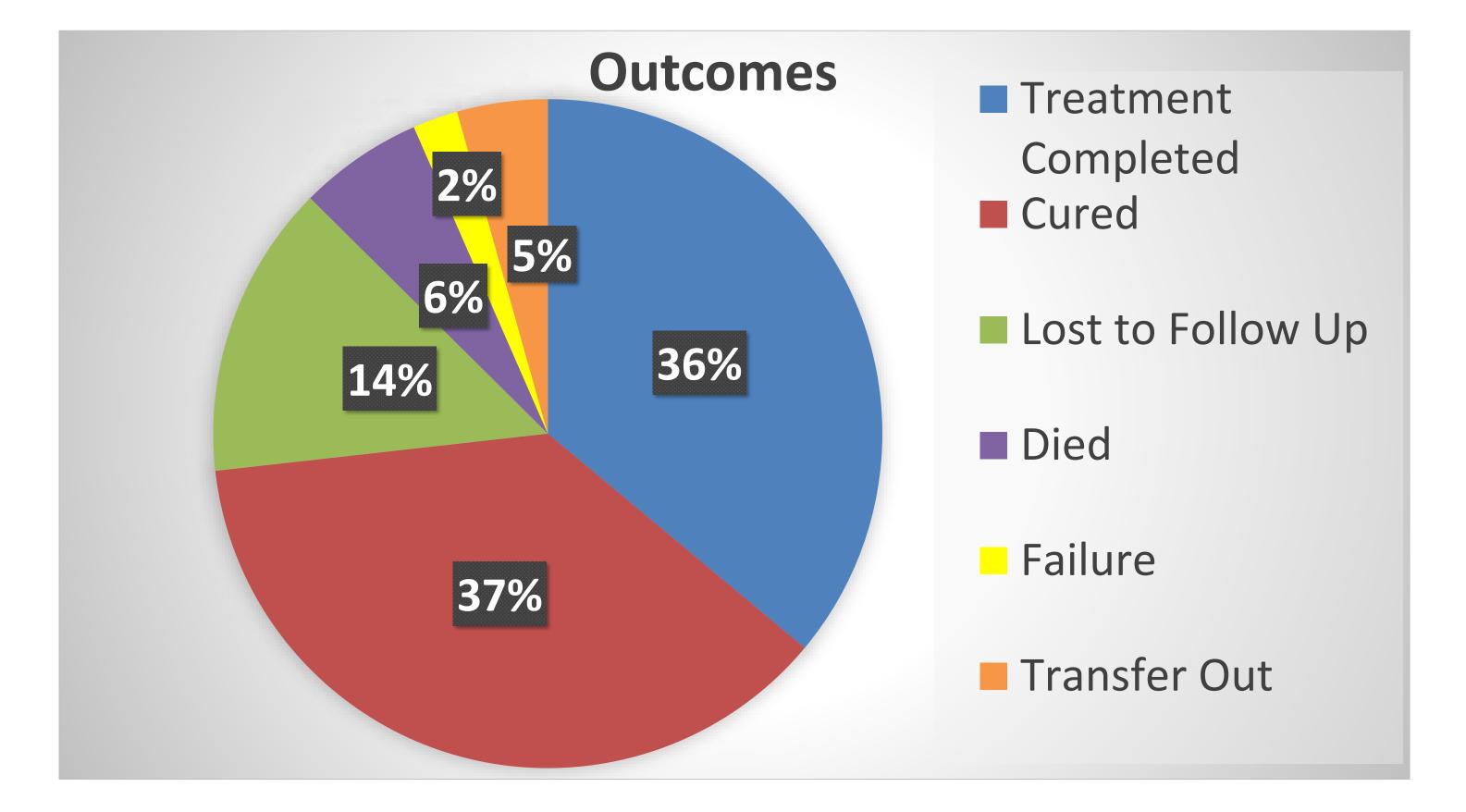
Total cohort (N=184)		N	%
Injectable	Favourable	64	70%
(N=92)	Unfavourable	28	30%
Without	Favourable	69	84%
Injectables (N=82)	Unfavourable	13	16%

The <u>favourable outcome is higher by</u> 14% for patients <u>without injectables</u> and treatment duration of <u>6months</u> (2019 & 2020) than <u>with patients on</u> injectables and treatment duration 11 months (2017&2018).

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Figure 1: Description of treatment outcomes among Mono H cohort



## Conclusion

- Mono-H constituted 6% of the total DRTB cohort of M-east ward in Mumbai compared with national average of 6.8%.
- The favourable outcomes are better among females by 25%.
- Unfavourable outcome is higher among patients with BMI<16 by 15%.
- Unfavourable outcome is higher among patients with diabetes by 3%.
- New and previous treated category of patient has no difference in treatment outcomes.

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