



In March 2020, to curb the spread of COVID-19, India joined several other countries around the world in imposing strict lockdown measures and redirecting health resources to meet the needs arising from the pandemic.

At the height of the pandemic's first wave, a tragic consequence of strict lockdowns was that an unknown number of people living with their abusers were suddenly trapped in their homes, with no access to treatment and no way to escape.

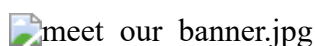
Once the lockdown was eased and our team resumed reaching out to the community, MSF's Umeed Ki Kiran clinic in Delhi saw a shocking three-fold increase in patients it received – reporting instances of increased sexual and gender-based violence. In this story, our team from Umeed Kiran clinic share how the COVID-19 lockdown led to a silent pandemic – sexual violence.



INTERNATIONAL WOMEN'S DAY

No one knows your body the way you do - being involved in your health increases your likelihood of ongoing, sustained wellbeing. Practising Self Care enables independence, choice and flexibility in managing your healthcare. We want to ensure all women have this opportunity & we're helping women around the world access healthcare in the privacy of their own home.

Here are a few things you can do to ensure your health stays on track



Working in the COVID-19 context is not easy, especially with the limited knowledge we have about the disease. We are sharing stories of the brave women in our team to celebrate their work on the frontlines facing the COVID-19 challenges in the field, providing the support and care needed for all patients.



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Doctors Without Borders India / Medecins Sans Frontieres
AISF Building, First floor
Amar Colony, Lajpat Nagar-IV
New Delhi-110024
www.msfindia.in

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